

# Penrith Oztag Return to Play

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COVID – 19 SAFETY PLAN V3  
5/12/2020

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# Introduction

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COVID-19 is most likely spread through direct close contact with a person while they are infectious or being in the same closed space for at least 2 hours.

The risk of infection through playing sport outdoors is minimal, and now with the rate of infection greatly reduced, sports are working towards playing again.

Oztag being a non-contact sport & played outdoors would be in the minimal risk category. It's time to cautiously reintroduce Oztag, a very popular recreational sport back into the community.

The conditions set out in this document are in line with government directions & will be amended when necessary.

# COVID-19 Safety Officer

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Penrith Oztags has appointed Jamie Howard as it's COVID-19 Safety Officer.

The Safety Officer will be responsible for ensuring the safety plan is adhered to each night of competition.

The **Safety Officer** will be identified by a fluro vest.

# Communication/Education

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Penrith Oztag will continually update its members primarily through social media and website updates on all aspects of Covid-19, restrictions, the safety plan and any other relevant information.

Penrith Oztag will also display posters on competition nights relating to COVID-19.

# Strategy

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The success of implementing this plan will come down to the diligence of our association in educating our players to adhere to the safety measures put in place. The success is also dependent on ALL players adhering to the safety measures put in place.

# Covid-19 Information Sources

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- Australian Government Department of Health: <https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert>
- World Health Organisation: <https://www.who.int/>
- Australian Institute of Sport: <https://ais.gov.au/health-wellbeing/covid-19>
- Sport Australia: <https://www.sportaus.gov.au/>

# Protocols: Return to play - Registrations

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Where possible we will perform all registrations through our on-line system.

Payments where possible will be made online or through bank transfer or payment over the phone by credit card.

Any payments done in person will adhere to all social distancing restrictions. (One person per 2 Sq metres). Only a single person will be permitted to pay at any one time and payment windows will be advised prior to competition commencement to minimise the number of people attempting to pay at any one time. Penrith Oztag committee will monitor and co-ordinate the attendance of players to pay registrations or purchase shorts/tights in line with all social distancing requirements.



# Protocol: On game night – Attendance Records

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A requirement of the return to play protocols by government is to have an attendance record including arrival & departure time of players. Our online registration system records player details which will satisfy the 'who' and 'contact' details required.

Penrith Oztags will use an electronic sign-on system to satisfy the 'arrival & departure time' requirements. It will be assumed that a player arriving to play in a certain time slot would arrive within 15 minutes of game start and depart within 15 minutes of game finish.

# Protocol: On Game Night - Attendance

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A separate sign-on area will be available for each group of 6 fields, meaning 2 sign-on areas across the complex (depending on the night in question).

Players will be directed to go straight to the sign-on area for their field. This will be done through social media posts and ground announcements.

A staff member in each sign-on area will maintain a register of who has checked in for each game.

Spot checks will be carried out on fields to identify any players who do not adhere to this protocol.

Team organisers & players will use our online fixture application to identify their field of play prior to arrival to prevent players congregating in one small area.

# Protocol: Players

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- Players will be advised to arrive no sooner than 15 minutes before their game.
- Arrive ready to play.
- Players are encouraged to bring their own hand sanitiser and apply before they take the field, at half time and again immediately after full time.
- Team organisers will also encouraged to bring hand sanitiser for team use.
- Players to bring their own water bottle and not share.
- Penrith Oztag will provide hand santiser at each sign-on area for player use.

# Protocol: Players

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- Players will be advised to avoid high fives, shaking hands & spitting.
- Interchange players on the side-line to maintain social distancing.

# Protocol: Game Equipment

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**Ball:** Penrith Oztag will supply a ball for each field. This allows the association to control the cleanliness of the ball. The ball will be clean to start with then at half time the referee will clean the ball with a disinfectant wipe/spray.

The ball will be replaced or thoroughly washed between games.

**Tags:** Penrith Oztag will provide a new set of tags for each match. Tags will be washed after each night of competition.

# Protocol: Spectators

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- The size of The Kingsway complex allows for a maximum capacity of 3000 spectators as per the updated Public Health Order. As this number has never been reach during the past spectators are permitted to attend games.
- With 12 games running simultaneously this accounts for 300 players, even if each player had 3 supporters in attendance the capacity of 300 will not be reached.
- Spectators will be encouraged to maintaining social distance rules at all times.

# Protocol: Game Times

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- Penrith Oztag will run through timeslots each competition night, 7.00pm, 8.00pm and 9.00pm.
- Games will be 40 minutes in length with a 5 minute  $\frac{1}{2}$  time break.
- This provides a 15 minute changeover window between games.

# Protocol: Venue Facilities

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- Penrith Oztags will continually cleaning common staff areas eg. Sign on table/bench.
- Penrith Oztags will spray disinfectant on all toilet taps at regular intervals during the night.
- Hand soap/sanitiser to be placed in toilets.
- COVID-19 posters will be placed in toilets re hand washing.
- COVID-19 posters will be placed around venue re social distancing etc.
- Disposable gloves and masks will be kept ready for use by staff & possible symptomatic players.



# Protocol: Management of Symptomatic Person

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- If a player presents with symptoms or becomes unwell staff will immediately wear PPE.
- Penrith Oztags will supply the symptomatic person with a mask.
- The change room will be opened to enable the person to be isolated.
- Notify the public health organisation in your area. E.g Hospital, GP Have numbers ready on hand.
- Organise transport. Is person able to drive themselves? Relative or friend to transport?

# COVID-19 Posters

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The following slides include the Posters from Sport Australia

The PDF posters are attached to the email sent from AO.

Link to Sport Australia Hygiene Guidance:

[https://www.sportaus.gov.au/return-to-sport#covid-19 hygiene guidance](https://www.sportaus.gov.au/return-to-sport#covid-19_hygiene_guidance)

# SIMPLE STEPS TO HELP STOP THE SPREAD.

**Cough or sneeze into your arm**



**Use a tissue**



**Bin the tissue**



**Wash your hands**



**TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.**

For more information about **Coronavirus (COVID-19)** visit [health.gov.au](https://www.health.gov.au)



Australian Government

Coronavirus  
(COVID-19)

# GOOD HYGIENE IS IN YOUR HANDS.

Wash your hands thoroughly with soap and water for at least 20 seconds to prevent passing on germs. Dry your hands.

**TOGETHER WE CAN HELP STOP  
THE SPREAD AND STAY HEALTHY.**

For more information about **Coronavirus  
(COVID-19)** visit **health.gov.au**



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Coronavirus  
(COVID-19)

# KEEP THAT COUGH UNDER COVER.

Always cough or sneeze into your arm or a tissue and put the tissue in the bin straight away. Wash your hands with soap and water for at least 20 seconds afterwards.

**TOGETHER WE CAN HELP STOP  
THE SPREAD AND STAY HEALTHY.**

For more information about **Coronavirus  
(COVID-19)** visit **health.gov.au**



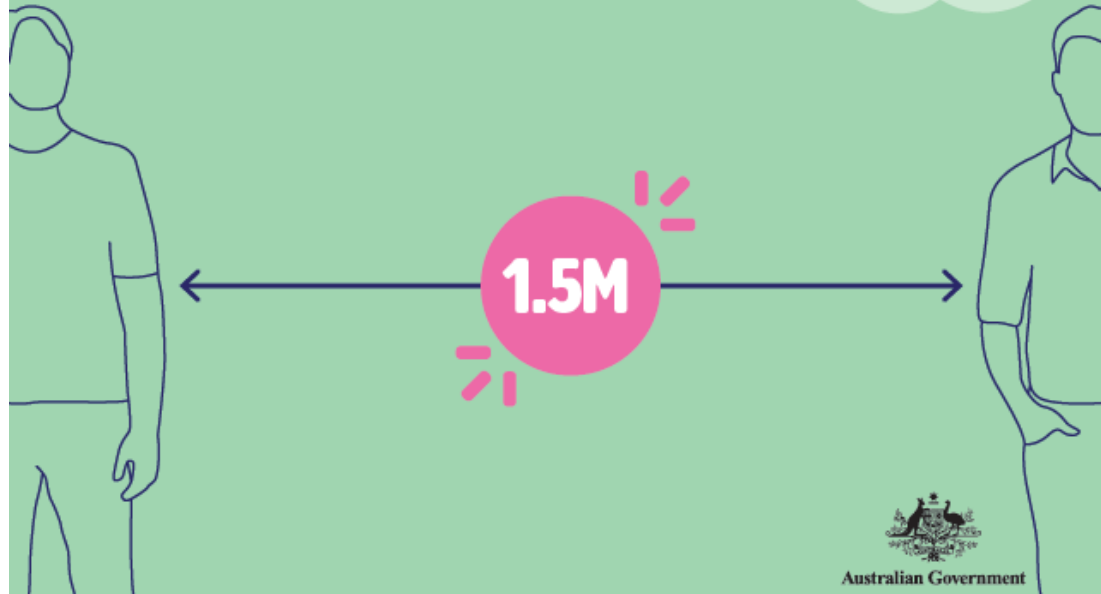
Australian Government

# KEEPING YOUR DISTANCE.

Help stop the spread of coronavirus by keeping your distance. Remember, don't shake hands or exchange physical greetings. Wherever possible stay 1.5 metres apart and practise good hand hygiene, especially after being in public places.

## TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.

Advice regarding **Coronavirus (COVID-19)** will change regularly. Keep up to date. Visit **health.gov.au**



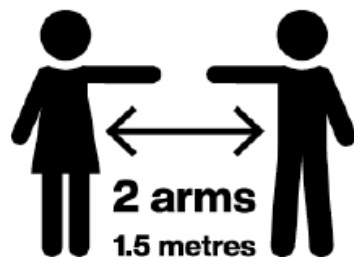


Australian Government

OFFICIAL MEDICAL ADVICE

# You must stay **2 arms lengths** from others to stop the spread of **Coronavirus.**

And always practise  
good hygiene.



Download the App  
Visit [australia.gov.au](http://australia.gov.au)

Authorised by the Australian Government, Canberra



**KEEP YOUR DISTANCE**

**PLEASE STAND HERE**